Gender-Defined Woman 4 views

ObedientFemme May 20, 2002, 1:56:50 AM

to

What Does it Mean to be a Gender-defined Woman?

By Roberta Angela Dee

INTRODUCTION

My comments will only make sense to those who can distinguish between sex and gender. These words are often used interchangeably. However, when we discuss transsexuals, and other individuals for whom there is a conflict between anatomy and self-perception, it is important to distinguish between the two words.

Recently, it has become somewhat trendy to refer to transsexuals as people who have a "gender identity disorder". This classification aside from being mean-spirited is incorrect and conceptually erroneous.

The individual who perceives a conflict between his or her sex and gender is concerned only with resolving the conflict. If there is any help, it is the hate directed at these individuals by people who do not understand the condition.

The Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) classifies transsexualism as a mental disorder and a subset of psychological disorder. Homosexuality had also been classified as a psychological disorder. However, the classification was deleted in 1973 for the following reasons:

* Formal issues in the consequences, not the etiology of a condition
* Significant portion of subjects
* Ego-dystonic sexual orientation
* Alone no significant psychopathology
o function socially and occupationally
* Alone no distress about sexual orientation
* Condition lists criterion of inherent disadvantage

The same logic used to eliminate homosexuality as a disorder applies equally well to individuals with a conflict between sex and gender. Yet, transsexuals continue to be classified as gender dysphoric, as though they are incapable of making decisions for themselves. Other individuals who have been classified in the so-transgendered are classified under Fetishistic Fetishism, along with Pedophilia, Exhibitionism, Voyeurism, Frotteurism (sexual fantasies, urges, or behaviors involving the touching and rubbing against a nonconsenting person), Sadism and Masochism.

SEX vs. GENDER

Sex refers to the anatomy. It is strictly a physical concept. Boys have a penis/testicles and girls have a vagina/breasts. Intersexuals are individuals born with sexes – male and female. In such cases, when we speak of the sex of an individual, we address their anatomy.

Gender refers to the behavioral characteristics attributable to a particular sex. Most often females identify as being girls or women. Most often males identify as being boys or men. Gender is a psychological concept. In the case of an individual, we address the behavior with which they most easily identify. Gender might also be expressed as some variation or combination of what is considered male and female behavioral characteristics.

Most males identify with being boys or men. However, I suspect that only 1 out of ever 1,000 males identifies with being a girl. For women, it is perhaps 1 out of every 100 females identifies as a boy. In these instances, sex and gender cannot be used interchangeably.

The above figures are only speculative. Some may offer different ratios, and that is acceptable. Suffice it to say that the condition is rare.

At some point, prior to birth, transgendered or transsexual individuals are predispositioned to identify with the gender that is opposite their anatomical sex. In other words, a male identifies with being a girl, and a female identifies with being a boy. The reasons for this are not clear. Some refer to either transsexual or transgendered. They perceived that they are a woman in a man's body or a man in a woman's body.

WE ARE NOT SYNONYMOUS OR EVEN FUNCTIONAL

Being born transgendered or transsexual is not a dysphoria or "gender dysphoria" as some medical professionals have suggested. It is simply a condition of birth – not unlike being born left-handed or being born with brown hair.

Just as homosexuals can be perfectly adjusted and functional members of society, so can transsexuals. Gender identity disorder however our psychology and our anatomy. One way or another, we simply adjust.

TERMINOLOGY

In the case of a transsexual, the word 'transsexual' is perfectly descriptive. The individual perceives a conflict between sex and gender. Therefore, he alters his anatomy to be regarded as female. He is transsexual. The prefix 'trans' means to "cross over." In this instance, the individual "crosses over" from male to female. The prefix 'trans' is also used in the word 'intersex'. Individual 'crosses over' from female to male. They change their sex – their anatomy.

The mechanism used by transsexuals to resolve the conflict between their anatomy (sex) and their psychology (gender) is to have sex reassignment surgery (SRS). Because SRS is a complicated procedure and because it is a major change procedure, most do not complete the procedure for a variety of reasons – moral, financial and for reasons having to do with their relationships with others. Some simply do not feel the need to go that far. Others feel that the only way for there to be a sense of harmony between their minds and their bodies is to have SRS. Each individual is unique.

The so-called transgendered man or woman holds a quite different opinion. They have the same conflict as the transsexual but prefer to resolve the conflict differently. The transgendered woman (anatomically male but psychologically female) feels that she is a woman. She lives as a woman. She may or may not define herself out on the basis of her anatomy but on the basis of her disposition – her mind or gender. Technically, she may be said to be 'transsexual' in mind. She may or may not undergo SRS. She expresses no bleeding breasts and develop more feminine behavior and demeanor. However, she makes no attempt to alter her genitals beyond the effect of taking female hormones.

For the transgendered woman, hormones result in testicular feminization. Her testicles shrink. Her penis shrinks. Her breasts develop. Her behavior is impacted and altered. The transgendered man (anatomically female but psychologically male) takes testosterone and other male hormones to become more male. His clitoris might enlarge, and there is a likely increase in facial and body hair.

The problem with the word transgendered is that the so-called transgendered individuals are not changing sex. They are not changing gender. The transgendered woman is born with the predisposition to be a girl. The transgendered man is born with the predisposition to be a boy. The transgendered woman is a girl. The transgendered man is a boy. There is for the transsexual. Consequently, it is erroneous to say they are transgendered because their gender remains fixed. All that changes is how they choose to accept or adapt to the conflict.

Another problem with the word transgendered is that it is used to describe those who are homosexual. Many homosexuals are not gender-defined. Some of those individuals who believe they are neither male, nor female, but rather some other variation, they assert that they are "transcending" conventional gender definitions. They are not. They are simply using the wrong words in the definitions, but I do not believe they are transcending being male or female. So, again, transgendered is incorrect terminology, incorrectly applied.

For many years, the anatomically female women responsible for organizing the Michigan's Women Festival, an event patronized mostly by lesbians, wanted to exclude MTF transsexuals from the festival because transsexuals did not fit the hypocrisy of their position was that they readily accepted transgendered men – individuals who were anatomically female, but either psychologically male or who had undergone SRS to become male. Their logic was that transsexuals are more masculine than feminine. at any rate, to exclude women who were in any way anatomically male, or even those who had been born anatomically male, the festival developed a policy specifying that only 'women-born-women' could attend the festival.

Ironically, from the perspective of the transgendered woman, womanhood was an attribute of gender. Consequently, she could honestly and logically state that she was as much 'womanborn' as any anatomically female woman. For her it was not a question of being 'transgendered,' she was and always was a woman.

This is the point at which the term transgendered doesn't work for many individuals. It's simply incorrect.

When Virginia Prince introduced the term back in the late 1950s, she used it to define himself as a man who found it more comfortable to live in the manner typically reserved for women. He was not changing gender. He considered himself a woman, and occasional as a woman, but he still regarded himself to be a man. As gender awareness grew, the word transgendered was applied to anything and everything. It is a word that has become so broad in its interpretation that it is not certain that at this point in time anyone can agree on what it means.

GENDER-DEFINED

Transgendered has been used, abused and misused to such an extent that it's virtually meaningless. Perhaps, the most accurate phrase would be 'gender-defined.' Gender-defined individuals are those who identify with gender attributes. Ideally we would call each man and women simply men and women. However, because of the confusion that exists, it is helpful to distinguish between genetically consistent men and women from those who were not genetically consistent.

A genetically consistent woman would have the XX chromosomes. That's how we define a woman in a genetic sense. This, however, is a minor point. What I believe is important is that we have a word that is descriptive of individuals. transsexual appears to be genetically female, she is not, and if she is choosing a partner, the partner has a right to know whether or not she is genetically female. Because some partners will still consider her to be a man.

In any event, the most accurate and positive sounding phrases I can suggest are gender-defined. This phrase is descriptive of the individual, and it helps distinguish the individual from genetically consistent men and women while also being technically accurate.

The same phrase can also be applicable to the thousands of gender-defined men and women who do not opt to live according to how they feel about themselves, but who live their lives in a manner consistent to their anatomical sex. It is likewise an empty and unfulfilled life, but everyone is entitled to his or her choices.

CONCLUSION

Am I suggesting that the DSM-IV is incorrect? Absolutely. In fact, it's no better than the DSM-III regarding gender issues.

A significant number of medical professionals have twirled society with misinformation. Transsexuals, transgendered, and others have been corrupted. It's a Catch-22 situation, and they haven't the good sense to admit they were wrong. So, they continue treating and diagnosing people as though they had a mental illness when in fact they don't.

Some psychologists have discouraged people from having sex reassignment surgery (SRS) because they feel that it is unnecessary. Fortunately, for the most part, other psychologists have encouraged people to have surgery who were simply ill prepared for the transition.

Finally, I know who I am. I'm not transsexual. I'm not transgendered. I'm a gender-defined woman. It's what I've been saying for nearly 40 years, and now I'm saying it here.

Yes, it will be difficult for some people to use a new term. I can't help that. Some people would rather be wrong than to accept something new. C'est la vie. Such is life.

This is an important issue in the gender community because we need to distinguish between the genetically consistent and those who are not. Everyone is not consistent with the way language is used in our culture. If we fail to make corrections, we will continue to confuse ourselves as well as the culture we hope to change.

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Feel free to provide feedback to Roberta at Dee...@aol.com. Also, feel free to copy, photocopy or share this article with your loved ones and colleagues.

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BOPH Jun 2, 2002, 3:40:37 PM

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Mark Abernathy Jun 2, 2002, 5:53:01 PM

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